

Serious Hazards of Transfusion (SHOT)

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Non-Medical Authorisation Course

North East and Yorkshire RTC



Serious Hazards of Transfusion



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OBJECTIVES: At the end of this lesson learners will be able to:

Discuss the role of SHOT and the haemovigilance process in UK



Understand the importance of identifying Human Factors in incident investigations



Understand the role of haemovigilance in improving transfusion safety



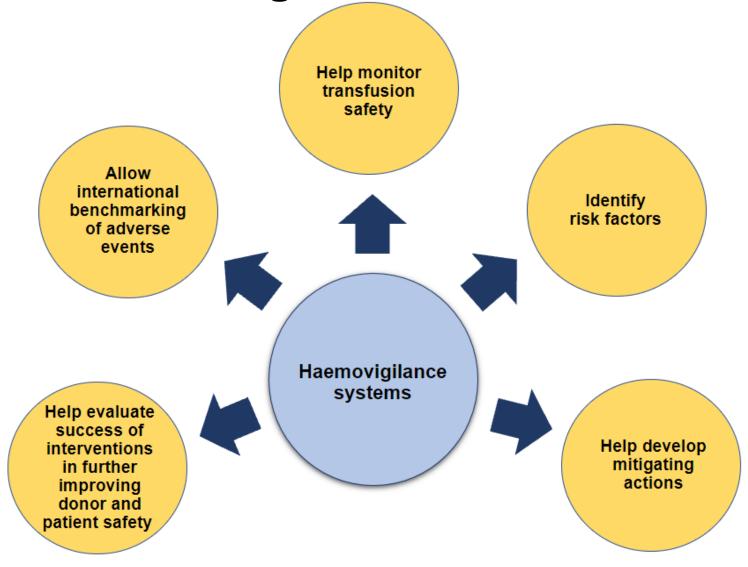
Apply knowledge to a SHOT case-based discussion

Haemovigilance

Refers to the systematic surveillance of adverse reactions and adverse events related to transfusion with the aim of improving transfusion safety



Why do we need Haemovigilance?



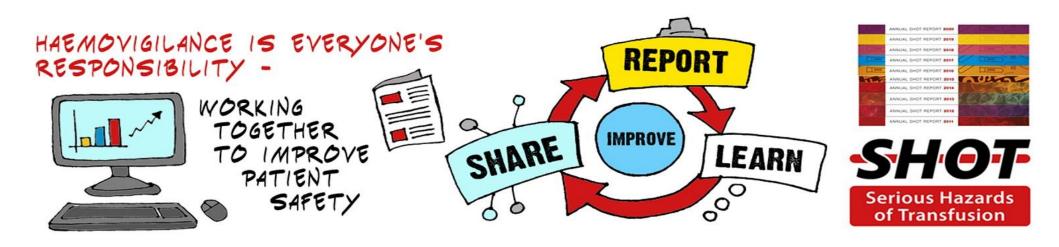


How has haemovigilance helped?

Provides assurance regarding safety of transfusions in the UK

Has demonstrated reduction in TTI, ABOi and TRALI

TRALI risk reduction measures including testing of female donors was as a result of HV data





Haemovigilance tools and processes

Recognise unsafe transfusion practice and recify



Uncover underlying causes (such as human factors) and solutions

Investigate what went wrong.
NOT a blame game



SHOT Overview



SHOT works in collaboration with the MHRA and collects and analyses information on transfusion reactions & adverse events from all healthcare organisations in the UK that are involved in blood transfusion



Includes transfusion of red cells, plasma, cryoprecipitate and platelets

Additionally errors related to Anti-D Ig administration, immune anti-D cases & prothrombin complex concentrates (PCC)

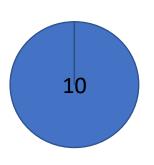


Funded by the **4 UK Blood Services** and is affiliated to the Royal College of Pathologists Overseen by a Steering Group whose membership includes representatives from the Royal Colleges (medical and nursing) and other specialist societies



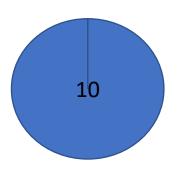
When was SHOT established?

- 1. 1986
- 2. 1996
- 3. **2006**
- 4. 2016

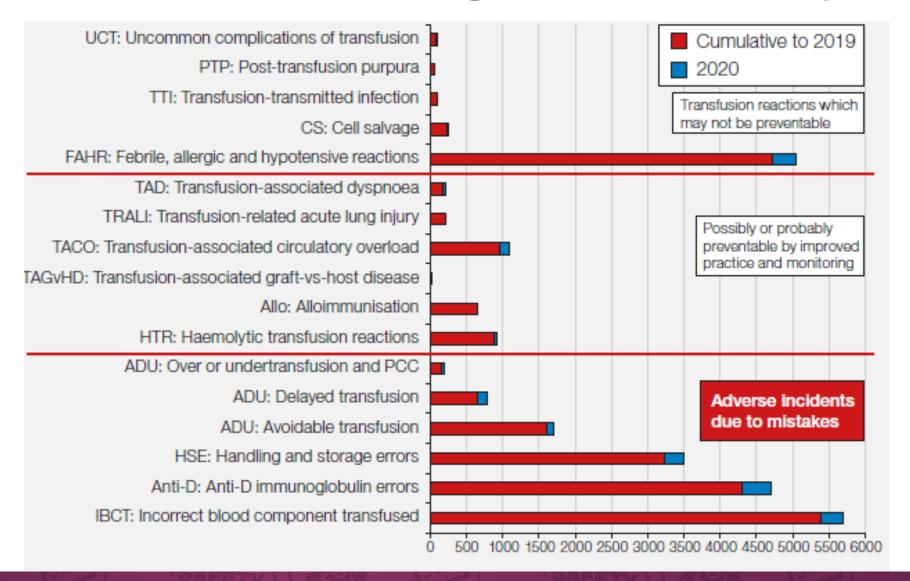


Is reporting to SHOT a legal requirement?

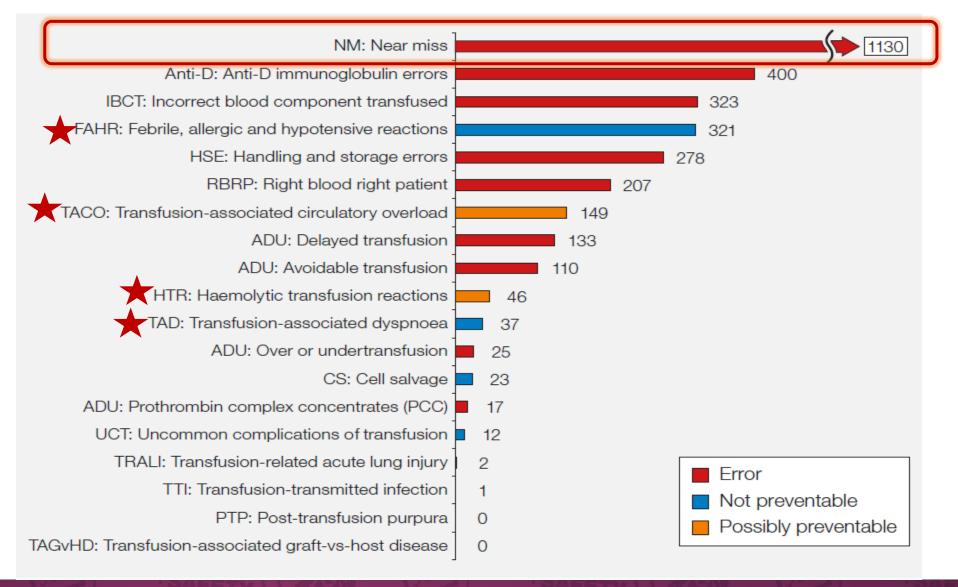
- 1. YES
- 2. **NO**



Cumulative data for SHOT categories 1996-2020 (n=25218)

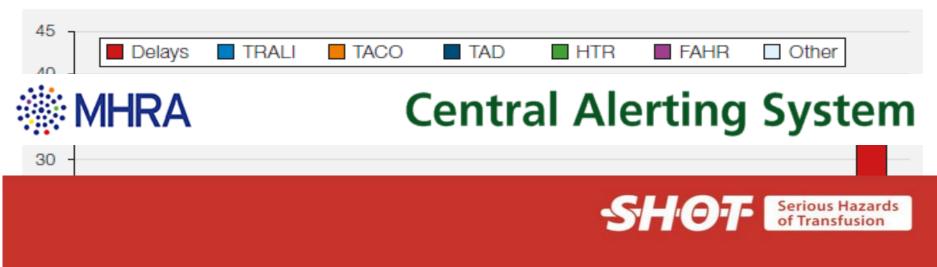


Summary data for 2020, all categories (n=3214)





Transfusion related deaths 2010-2020



Preventing transfusion delays in bleeding and critically anaemic patients.

Date of Issue: 17-Jan-22 Reference No: SHOT/2022/001

This alert is for action by: NHS and independent (acute and specialist) sector where transfusions are carried out.

Access to blood components and products is a complex safety critical issue that is relevant across many departments and professions. Implementation of this alert should be coordinated by an executive leader (or equivalent role in organisations without executive boards) and supported by their designated senior leads for medical, nursing and pathology teams.

TRALI=transfusion-related acute lung injury; TACO=transfusion-associated circulatory overload; TAD=transfusion-associated dyspnoea; HTR=haemolytic transfusion reaction; FAHR=febrile, allergic and hypotensive reactions

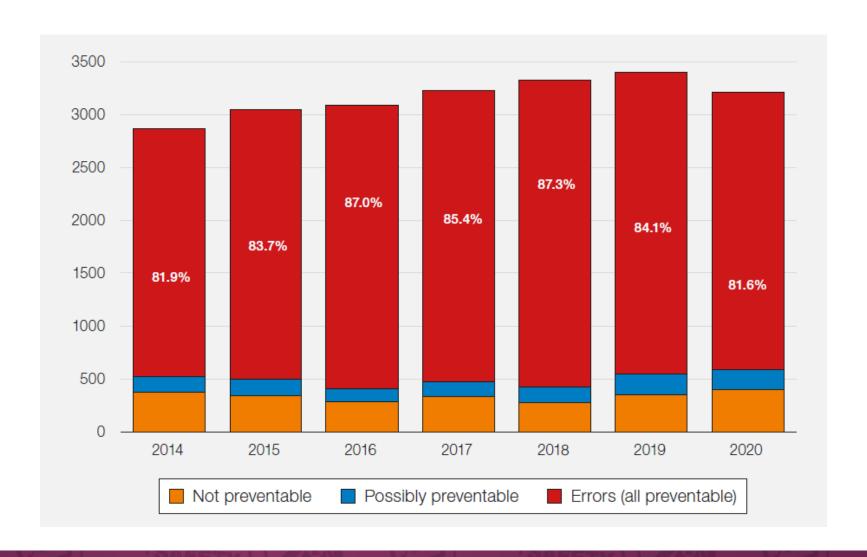
Please refer to the respective Annual SHOT Reports for further details regarding these deaths.

Important to note:

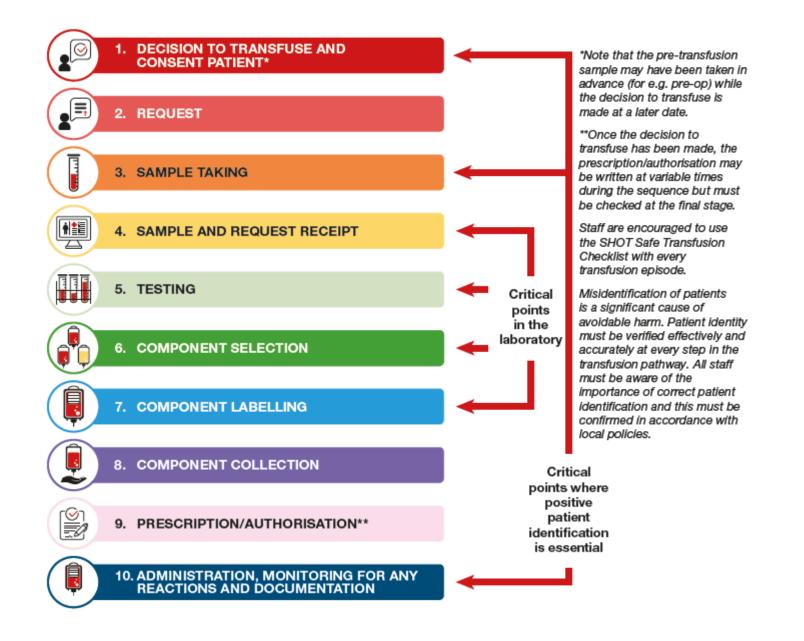
the most common causes of transfusion-related deaths year on year. There has been an increase in the number of deaths reported due to TACO and delays in 2020



Errors as a percentage of total reports 2014- 2020



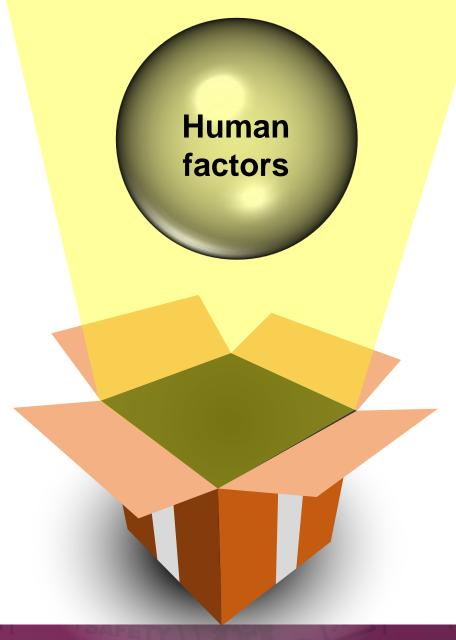
Ten steps in transfusion





Human factors

"The scientific discipline concerned with the understanding of interactions among humans and other elements of a system"

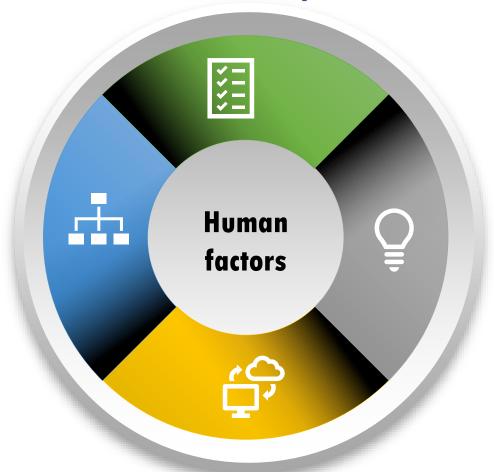




'Human factors' does not mean focusing on humans alone

Tasks and work processes

Management systems



Environment

Equipment and facilities



Why Human Factors?

Reduces errors





ABOi red cell transfusions 2016-2020

19 ABOi red cell transfusions reported

1495 ABOi near miss events

Bedside check not carried out leading to ABO incompatible (ABOi) transfusion



A patient in his 60s was being treated for anaemia which was still being investigated, pre-transfusion haemoglobin was 68g/L



The nurse proceeded to complete the bedside checks alone but did not carry out positive patient identification by checking the patient's identification wristband and the transfusion was started



A unit of red cells was ordered and was collected by the healthcare assistant.

When the unit arrived on the ward two nurses undertook the pre-administration checking procedures at the nursing station, and not at the patient's bedside



Approximately 35 minutes later the patient began to experience breathing difficulties and became 'shaking and jittery'

The transfusion was stopped and at this point it was noticed that the unit of blood being transfused was for another patient



One nurse then took the unit of red cells and the associated paperwork to the patient's bedside (the other nurse was called away to deal with something else)



The patient was admitted to high dependency unit overnight for observations due to the reaction to the wrong blood administration





Safe Transfusion Practice: Transfusion Checklist

Ensure that:	Transfusion Reque	est		Signature to confirm
	s documented in the patient reco	ord		
Details on the transfusion a	uthorisation (prescription) sheet	are completed and any	specific	
requirements documented				
All fields on the transfusion	request form are completed and	I the form is signed		
	ransfusion sample are completed			
	ust be handwritten unless electro		le that generate and	
	from the patient ID band are ava			
	appropriate family/carers have)	received information, h	nas agreed to the	
transfusion, and this is docu	s unconscious and/or unable to c	concept and the blood	component is gluon	
	sure this is documented in the p			
retrospectively				
The laboratory is informed	of the degree of urgency of the re	equest		
Farmer than	Pre-Trans	sfusion Checks		
Ensure that	factory venous access: establish o	or verify patency of ac-	inheral or central	
venous access device	actory verious access: establish (or verify patency of per	iprieral or central	
	k assessment for transfusion-ass	ociated circulatory over	rload (TACO) is	
	ble (especially if older than 50 ye			
50kg), and appropriate prev				
The blood component is rea	dy to be collected			
	Co	llection		
Ensure that:				
	patient identity details is correct		s on the unit	
	onent as per the prescription or a			
	uirements that are documented		uthorisation	
	tches or is compatible with the g			
	good condition (i.e. no leaks/clot			
	erson trained and competency as			
The time the component wa clinical area are both record	as removed from temperature co led	introl (e.g. refrigerator)	and received in the	
	Adm	inistration		
Ensure that:	is are taken and recorded within	CO h-f		
Temperature	s are taken and recorded within	Blood pressure	enc	
Pulse		Respiration rate		
	sfusion record is complete and a			
	uirements that are documented		uthorisation	
	onent as per the prescription or a			
	atches or is compatible with the g			
	on administration set is used, (an		ing platelets)	
	ation checks are performed at th		01	
	atibility label. Confirm identity ve			
using open ended questions				
A blood warmer or infusion	device (if used) is set correctly a	nd monitored		
Observations are carried ou	t, as a minimum at 15 minutes			
Temperature		Blood pressure		
Pulse		Respiration rate		
Any adverse events/complic	cations are reported to the respo	nsible clinician and the	transfusion	
	ately acted upon and documente	d in the patient record	and reported	
The finish time of the transf				
	d within 4 hours of removal from			
	P should be transfused as soon as			
	irs if stored at 20–24 °C or within			
cryoprecipitate, once thawe	ed has to be kept at room temp a	na usea within 4 hours)		I



Safe Transfusion Practice: Transfusion Checklist

nsure that:	Post Transfusion			Signature to confirm
Post-transfusion observation	ns are taken and recorded			
Temperature		Blood pressure		
Pulse		Respiration rate		
as per local policy	ion record is completed and corr	,	d electronically as,	
The component pack and ot	her equipment is disposed of cor	rectly		
The outcome of the transfu	ion is documented in the patient	record		
A post-transfusion informat	ion sheet given to the patient (if a	day-case or received the	e transfusion in an	

mergency)		
	The A-E Decision Tree to facilitate decision making in transfusion	
	•Assess patient	
Å	 Any avoidable blood loss (frequent, unnecessary tests/interventions) 	
	Blood results (all) reviewed including trends - ensure results valid and reliable	
	•Best treatment option- is transfusion the best treatment option? If yes, what components	needed, how many,
В	what order and any specific requriements needed?	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
	 Consent/Communication (adequate patient information- both verbal and written) to patier appropriate families and carers 	nts and where
C	Correctable factors to be addressed like bleeding, haematinic deficiency	
	Do not forget other measures (vitamin K, tranexamic acid, cell salvage, etc)	
	•Do not hesitate to question colleagues regarding decisions made and ask for rationale	
D	not forget to document in patient's notes and in discharge summaries	
	•Ensure timely communications to laboratory- need to be clear, concise and accurate	
	 Ensure all relevant transfusion checklists including TACO risk assessment and actions rising been completed 	thereafter have
E	• Evidence based decisions made weighing risks, benefits and options available	
\ /	•Ensure patient receives adequate post-transfusion information if transfusion given as a day	case

ransfusion process (nine steps)



The NHSBT Patient Blood Management team and SHOT have coproduced a "Pre-transfusion blood sampling" animated video and another outlining critical steps for completing "Preadministration bedside checks of blood components". These can be found here: https://www.shotuk.org/resources/current- This checklist has been updated in June 2020 and provides a structured process to ensure that the right component is urunfused to the right patient at the right time for the right reason and will help ensure potients have received the right information about their transplacion in a timely manner where possible. There is a lack of unequivocal evidence to support either possible. There is a lack of unequivocal evidence to support either possible. There is a lack of unequivocal evidence to support either possible. There is a lack of unequivocal evidence to support either from SHOT reports [Bolton Maggs, 2013) to suggest that two-person checkling procedure, each person should complete all the check independently (double independent checking. The checklist will help improve transfusion safety and is a requirement following the CMO CAS eithers and value in Newmerber 2017: CEM/MO/2017/005 and can be found at this link: httss://www.com.units.gou.pu/s/incom/dAcknowledgment/NiewAl ert.ags/Aler(ID-102663). We encourage users to utilise this document to bely drift checklist is coally.

SCAN ME

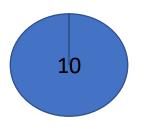


- Female patient in her 20s received one unit of RBC for obstetric haemorrhage following miscarriage
- Her Hb was 68 g/L
- BP 115/65 mm Hg Pulse 80 bpm RR 20 bpm
- Immediately after transfusion temp raise from 37.3 39.5
- No other symptoms
- Given paracetamol, antihistamine and steroids
- Patient fully recovered



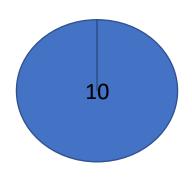
Did the patient receive the correct treatment for her transfusion reaction?

- 1. YES
- 2. **NO**



Would you report this reaction to SHOT?

- 1. YES
- 2. NO





Febrile, Allergic and Hypotensive Reactions (FAHR) - Getting the diagnosis right

Background: Febrile and allergic reactions are among the commonest reactions to transfusion. Around 300 moderate-severe reactions are reported to SHOT each year (~15 per 100,000 components transfused) and mild reactions occur even more frequently. Challenges in management include classifying the type of reaction, judging its severity and if necessary, investigating to exclude an alternative cause (such as a haemolytic reaction or bacterial infection). It is vital that the patient is treated appropriately, both to manage their symptoms and enable transfusion to continue where reactions are mild.

SHOT data consistently show that 40% of these reactions are misclassified by the reporter, and 40-50% of patients with febrile reactions are inappropriately treated with an antihistamine and steroid.

"Reaction to transfusion" is not a single diagnosis requiring a uniform standard treatment!



This SHOT Bite includes:

- A guide to help frontline staff use the patient's symptoms and signs to correctly classify and manage febrile and allergic reactions
- An illustrative case

Illustrative case



A 50 year old female with acute myeloid leukaemia on the haematology ward received a unit of platelets. At the end of the transfusion she developed rigors, nausea, tachycardia and chest pain.

Baseline observations: Temp 36.8, BP 117/70, Pulse 68, RR 18, Sp02 98%. Post transfusion observations: Temp 37.4, BP 161/53, Pulse 115, RR 20, Sp02 100%.

She was treated with hydrocortisone and chlorphenamine and repeat group and screen was sent. This was reported as a mixed reaction.

Commentary:

This patient's small temperature rise was not sufficient to be considered a fever, but her symptoms were overwhelmingly inflammatory.

There were no allergic features and the SHOT expert reclassified this as a febrile-type reaction.

The use of chlorphenamine and hydrocortisone was inappropriate. In an immunocompromised patient, assessing for infection (both related to and unrelated to transfusion) would be important.

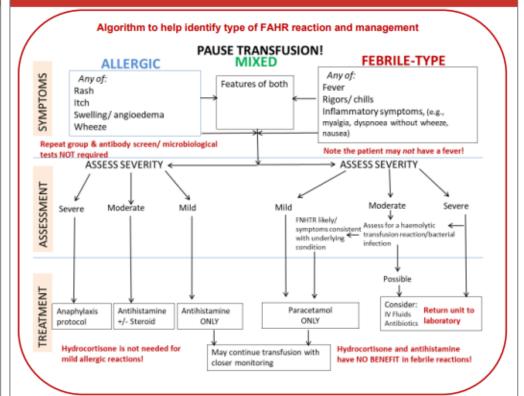
Any reaction that is moderate or severe should be reported to SHOT

Grading of severity of febrile, allergic, and hypotensive reactions and SHOT reporting criteria can be found in the SHOT definitions document which is reviewed and updated annually and can be accessed from this link https://www.shotuk.org/resources/current-resources/

SHOT Bite No.5:



Febrile, Allergic and Hypotensive Reactions (FAHR) - Getting the diagnosis right



Key Messages



It is important to try to classify the type of reaction to be able to correctly investigate and treat. Follow local policy for transfusion reaction investigation, including returning the unit to the laboratory



In a febrile non-haemolytic transfusion reaction, laboratory investigations are <u>expected</u> to be normal. These are done to exclude alternative causes



Treat febrile reactions with paracetamol. Antihistamines and steroids are of no benefit, and could potentially cause harm



Pure allergic reactions are not associated with febrile type symptoms

See the BSH guidelines on Investigation and Management of Acute Transfusion Reactions for more detail on assessing severity and choice of investigations: https://b-s-h.org.uk/guidelines/guidelines/investigation-and-management-of-acute-transfusion-reactions/

SHOT FAHR cumulative data https://www.shotuk.org/resources/current-resources/data-drawers/fahr-data-drawer-2/

September 2021



SHOT Bite
Febrile,
allergic and
hypotensive
reactions
(FAHR) –
Getting the
diagnosis right

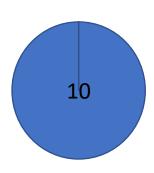
Case study 2 (part 1)

- Female patient in her 80s with iron deficiency anaemia, cardiac and renal impairment and pretransfusion peripheral oedema
- Hb result was 48 g/L
- Weight 50 kg

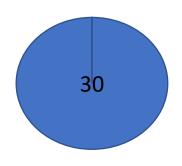
Does this patient have risks of TACO?

1. YES

2. NO



What are the risk factors for TACO?



Case study 2 (part 2)

- Received 2 units of RBC and during 2nd unit became breathless and O2 sat dropped to 91%
- Post-transfusion chest x-ray showed fluid overload
- Administered Oxygen and IV diuretic with improvement
- Patient fully recovered



SHOT Bite No 11: Respiratory symptoms during transfusion

What should be the immediate approach to the patient?

Respiratory symptoms during or after transfusion could be caused by the blood components transfused or have an alternative cause, and it is often not immediately clear. It could be due to the patient's underlying condition (not related to transfusion), an allergic/anaphylactic reaction, or one of the recognised pulmonary complications of transfusion: Transfusion associated circulatory overload (TACO)/Transfusion related acute lung injury (TRALI)/Transfusion associated dyspnoea (TAD). See the BSH guideline for the management of Acute Transfusion Reactions (ATR) https://b-s-h.org.uk/guidelines/guidelines/investigation-and-management-ofacute-transfusion-reactions/. Initial treatment of ATR is not dependent on classification but should be directed by symptoms and signs. Treatment of severe reactions should not be delayed until the results of investigations are available.

How do I know if it is an allergic/anaphylactic reaction?

Many of the acute immunologic reactions post transfusion can present with fever and/or respiratory symptoms, making it challenging to distinguish them from each other in the initial stages. Associated clinical signs and symptoms may provide a clue for example: angioedema and wheeze in cases of allergy/anaphylaxis and/or there may be supporting tests such as a raised mast cell tryptase. Allergic reactions should be reported to SHOT/SABRE in the FAHR category.

What if it's not thought to be an allergic reaction, but the blood seems the likely cause?

In this case consider whether this could be one of the pulmonary complications of transfusion: TACO/TRALI/TAD. Timing is the first consideration. TRALI occurs within 6 hours, and TACO/TAD within 12 hours (though SHOT accept cases up to 24 hours). You will need access to the patient's records including medical history, transfusion history, vital sign observations, chest examination and imaging (before and after transfusion), details of non-blood fluids given, fluid balance chart, details of medications given (including diuretics) and the response to them, blood tests etc. It is essential that as much information as possible is provided. Lack of data is a significant problem in differentiating between pulmonary complications categories.

How do I differentiate TRALI and TACO?

This can be very difficult, and it is recognised that they may co-exist. The algorithm below provides some guidance and suggestions for further testing that may help. These will be in addition to your standard laboratory testing panel for transfusion reactions. A useful approach is to establish whether there are signs of pulmonary oedema, more specifically left atrial hypertension (LAH). Echocardiogram and/or NT-proBNP levels should be reported if available. Fever can occur in both TACO and TRALI.

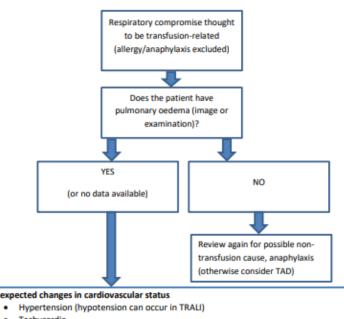
What should I report to SHOT/SABRE?

If you suspect TRALI you must report it to the Blood Service as a product recall of components from the same donor may be required. The Blood Service consultant will co-ordinate investigation. Any patient who develops respiratory distress during or up to 24 hours after transfusion, where transfusion is the suspected cause must be reported to SHOT/SABRE. SHOT experts can transfer cases between categories following assessment if required.

The algorithm below helps in differentiating among the different categories of pulmonary complications post transfusion but please note that this does not substitute for clinical judgment in the patient evaluation.



SHOT Bite No 11: Respiratory symptoms during transfusion



Unexpected changes in cardiovascular status

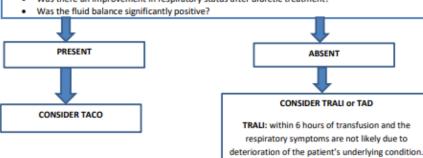
- Raised Jugular Venous Pressure (JVP)/Mean Arterial Pressure (MAP)
- Enlarged cardiac silhouette on chest x-ray
- Peripheral oedema

Objective signs of Left Atrial Hypertension (LAH)

- New/worsening cardiac failure on echocardiogram
- NT-proBNP (Brain Natriuretic Peptide) on the pre- and post-transfusion sample (1.5x rise is suggestive of TACO, normal NT-proBNP excludes TACO)

Fluids

Was there an improvement in respiratory status after diuretic treatment?





SHOT Bite Respiratory symptoms during a transfusion



Suspicion of TRALI must be reported to NHSBT as a product recall may be required

TACO Checklist	Patient Risk Assessment	YES	NO
	Does the patient have any of the following: diagnosis of 'heart failure', congestive cardiac failure (CCF), severe aortic stenosis, or moderate to severe left ventricular dysfunction?		
	Is the patient on a regular diuretic?		
	Does the patient have severe anaemia?		
	Is the patient known to have pulmonary oedema?		
	Does the patient have respiratory symptoms of undiagnosed cause?		
	Is the fluid balance clinically significantly positive?		
	Is the patient receiving intravenous fluids (or received them in the previous 24 hours)?		
	Is there any peripheral oedema?		
	Does the patient have hypoalbuminaemia?		
	Does the patient have significant renal impairment?		

If Risks Identified		YES	NO
Review the need for tr (do the benefits outwe			
Can the transfusion be until the issue is inves resolved?			
If Proceeding with Tr	ansfusion: Assign A	ctions	TIC
Body weight dosing fo	or red cells		
Transfuse a single unit review symptoms	t (red cells) and		
Measure fluid balance			
Prophylactic diuretic p	prescribed		
Monitor vital signs clo oxygen saturation	sely, including		
Name (PRINT):			
Role:			
Date:	Time (24hr):		
Signature:			

Due to the differences in adult and neonatal physiology, babies may have a different

A TACO checklist

should be utilised whenever possible prior to every transfusion, especially in vulnerable patients

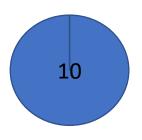




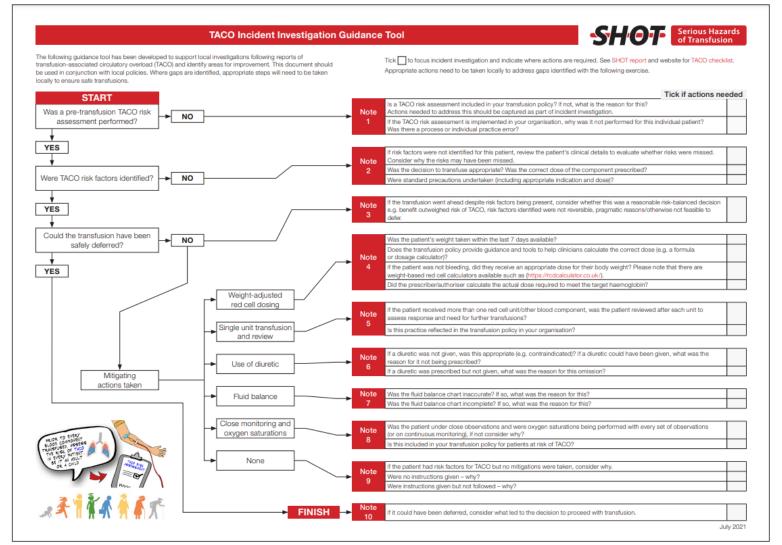
Is the TACO checklist used at your organisation?

1. YES

2. NO



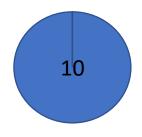
A **TACO** investigation guidance tool has been developed and can be accessed from 'Current resources' on the SHOT website





Have you used the TACO investigation guidance tool?

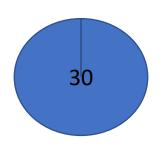
- 1. YES
- 2. NO



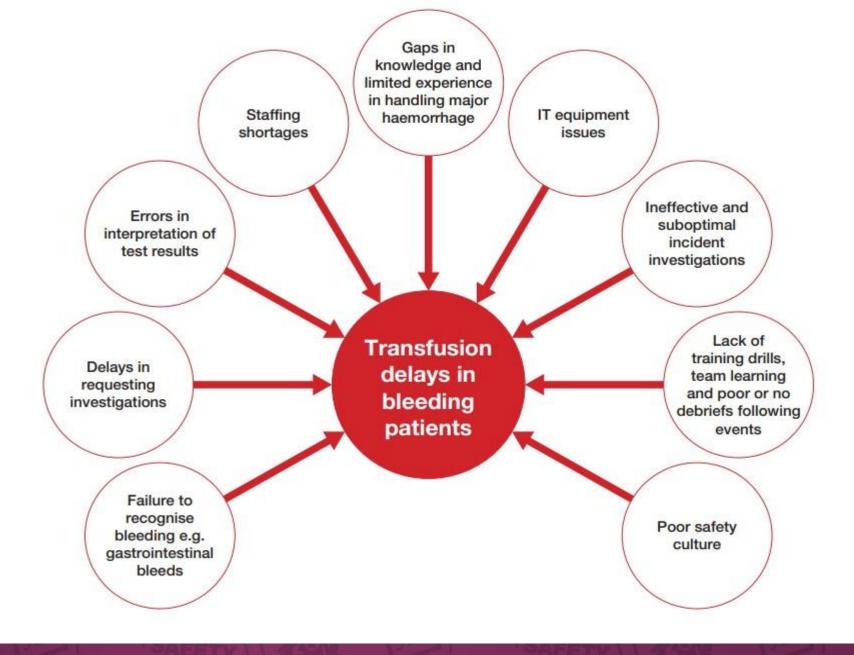
- An elderly woman on Warfarin was admitted to ED with a history of melaena
- She was pale and tachycardic BP 88/55 mm Hg
- Her Hb on the blood gas machine on admission was 41.8g/L
- Transfusion delayed for 7 hours from admission due to communication failures when transferred to a ward
- Patient died



What are the common factors contributing to transfusion delays?







Annual SHOT Report, 2020



CAS alert addressing preventable transfusion delays



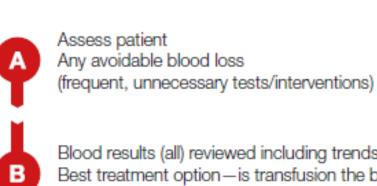
Central Alerting System



Home Help Coronavirus (COVID-19) Alerts and Registration Alert Compliance Data Other Safety Information Login **View Alert** Originator: SHOT - Serious Hazards of Transfusion Issue date: 17-Jan-2022 10:30:07 This alert has been issued to: Care Trusts Mental Health Trusts Specialists Trusts Learning Disabilities Trusts · Mental Health & Social Care Trusts Ambulance Trusts · Mental Health & Learning Disabilities Trusts Acute Trusts Community Trusts Other contacts Independent Healthcare Providers (registered with CAS) Clinical Commissioning Groups Special Health Authorities Territorial CMOs in Northern Ireland, Scotland & Wales Regional Directors of Public Health Director of Public Health



The A-E
decision tree
to facilitate
safe
transfusion
decisions



Blood results (all) reviewed including trends – valid and reliable?

Best treatment option—is transfusion the best treatment option? If yes, what components needed, how many, what order and any specific requirements needed?

Consent/communication (adequate patient information—both verbal and written) to patients and where appropriate to families and carers

Correctable factors to be addressed like bleeding, haematinic deficiency

Do not forget other measures (vitamin K, tranexamic acid, cell salvage, etc)

Do not hesitate to question colleagues regarding decisions made and ask for rationale

Do not forget to document in patient's notes and in discharge summaries

Ensure timely communications to laboratory- need to be clear, concise and accurate
Ensure all relevant transfusion checklists including TACO risk assessment and actions
arising thereafter have been completed
Evidence based decisions made weighing risks, benefits and options available
Ensure patient receives adequate post-transfusion information if transfusion given as a day case



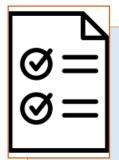
Paediatric HV Highlights



Paediatric reports accounted for **8.5% (159/1877)** of the total cases reported to SHOT in 2020



There were **3** deaths possibly or probably related to transfusion. Of these, one was related to transfusion-associated necrotising enterocolitis and 2 were related to transfusion delays



Massive blood loss in children is less common than in adults and hospitals should have protocols in place for appropriate and timely management



Communication and education regarding specific requirements and their indications remains vital



Management of D-incompatible platelet transfusions in neonates and children should be discussed with a haematologist



Education and training resources should be provided for those administering neonatal transfusions to reduce errors

Education and training

B

Educational resources should be provided for those administering neonatal transfusions to reduce errors

Administration

Neonatal blood administration sets

are available which allow blood

transfusions to be delivered

by a syringe driver

Transfusion in neonates and children **Special requirements**

Specification of components for neonates/infants and children are available in the BSH guidelines (BSH New at al. 2016 and 2020). Staff must be aware of local policies

Transfusion reactions

Recognising transfusion reactions in neonates and children can be challenging. Staff need to be vigilant, identify and manage appropriately

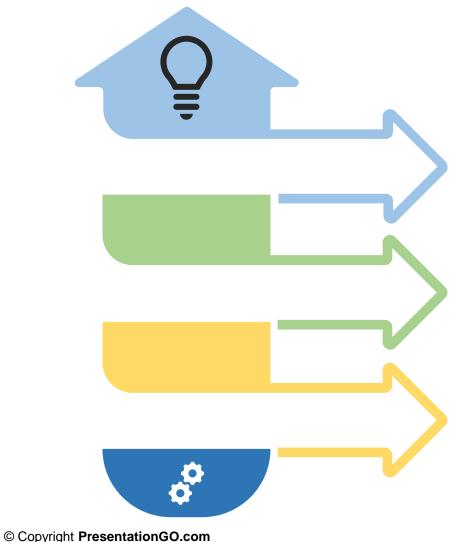
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The SHOT paediatric video which is available on the SHOT website (https://www.shotuk.org/resources/current-resources/videos/





Main recommendations from the 2020 Annual SHOT report



Delays

Transfusion delays, particularly in major haemorrhage and major trauma situations, must be prevented. Delays in provision and administration of blood components including delays in anticoagulant reversal, particularly in patients with intracranial haemorrhage (ICH), can result in death, or serious sequelae. Every minute counts in these situations

Information Technology

Effective and reliable transfusion information technology (IT) systems should be implemented to reduce the risk of errors at all steps in the transfusion pathway, provided they are configured and used correctly

Investigating Incidents

Effective investigation of all incidents and near miss events, application of effective corrective and preventive actions, and closing the loop by measuring the effectiveness of interventions should be carried out to optimise learning from incidents

OBJECTIVES: You should now be able to:

Discuss the role of SHOT and the haemovigilance process in UK



Understand the importance of identifying Human Factors in incident investigations



Understand the role of haemovigilance in improving transfusion safety



Apply knowledge to a SHOT case-based discussion



Suggested future activities



Spend some time with a haemovigilance reporter when they are completing a SHOT report



Attend a hospital transfusion committee meeting



Attend an investigation meeting



Review your hospital transfusion policies



Carry out a consent audit / audit of use of checklist / SRNM



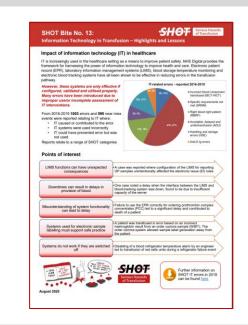
Carry out an audit of your Trust's SHOT reports

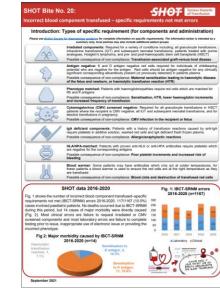
Resources

- Many more resources, including the 2020 Annual SHOT Report are available on the SHOT website www.shotuk.org
- In particular our educational resources
 - SHOT Bites
 - SHOTcasts
 - Webinars
 - Videos Email signatures











SHOT App













Acknowledgements

- The SHOT team
- The Steering Group and Working Expert Group members
- The vigilant reporters and hospital staff who share their incidents

For further information visit: www.shotuk.org



Please feel free to provide feedback about this presentation either directly to the SHOT team or via PBM team

