# NMA course

# **The SHOT Team**

# Haemovigilance SAFETY



# Objectives



Discuss the role of SHOT and the haemovigilance process in UK

Understand the role of haemovigilance in improving transfusion safety and the role of the NMA within this process



Apply knowledge to a SHOT reported incident





# Haemovigilance



A set of surveillance procedures from the collection of blood and its components to the follow up of the recipients To collect and assess information on unexpected and undesirable effects resulting from the therapeutic use of labile blood components

To prevent their occurrence or recurrence

SH(0)

Serious Hazards of Transfusion

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# **Role of SHOT**

Transfusion pathway is complex, involving a wide variety of teams both clinical and laboratory





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### Analysis

SHOT collects and analyses information on transfusion reactions and adverse events from all healthcare organisations in the UK

### **Experts**

Input from working experts and steering group members

### Components

Red cells, plasma, cryoprecipitate, platelets, anti-D Ig administration, immune anti-D cases and prothrombin complex concentrates



### Aims

Where risks and problems are identified, SHOT produces recommendations to improve patient safety

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### Identify transfusion recipients where extra care is needed

Transfusions as day cases, vulnerable patients: Age groups, sickle/thalassemia, transplant/shared care

### **Recognise improper practices**

Avoidable, delayed, over-transfusions, wastage

### Better transfusion decisions

SHOT data and recommendations



# Identify areas for improvement

Safety critical steps, NM Investigating incidents Highlighting gaps in transfusion training and education

Improving transfusion safety

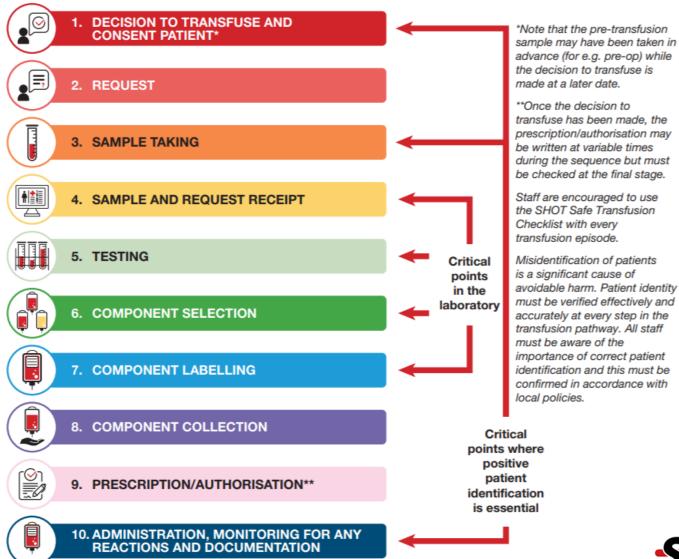


# ANNUAL SHOT REPORT



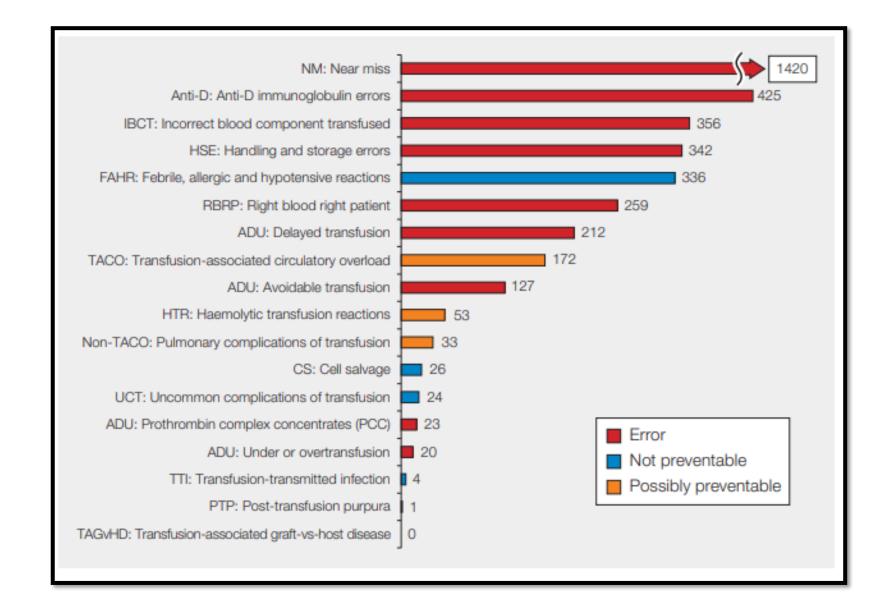






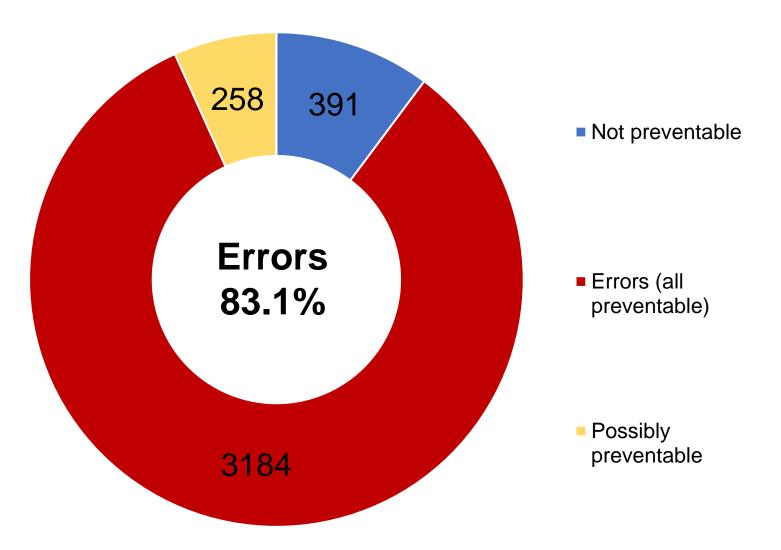
SHOT Serious Hazards of Transfusion

### Summary data for 2023





Errors account for most reports in 2023 (n=3184/3833)





# Staffing issues, mismatch with workload, skill mix

Staff knowledge, training issues; HFE awareness and application

Complicated/complex processes resulting in workarounds; pandemic spillover of practices

Challenges with resources: IT, equipment Recurrent themes in

analysed incidents

IT issues: suboptimal implementation, poor training of staff

Overreliance on IT Complacency, alert fatigue, warning flags not heeded

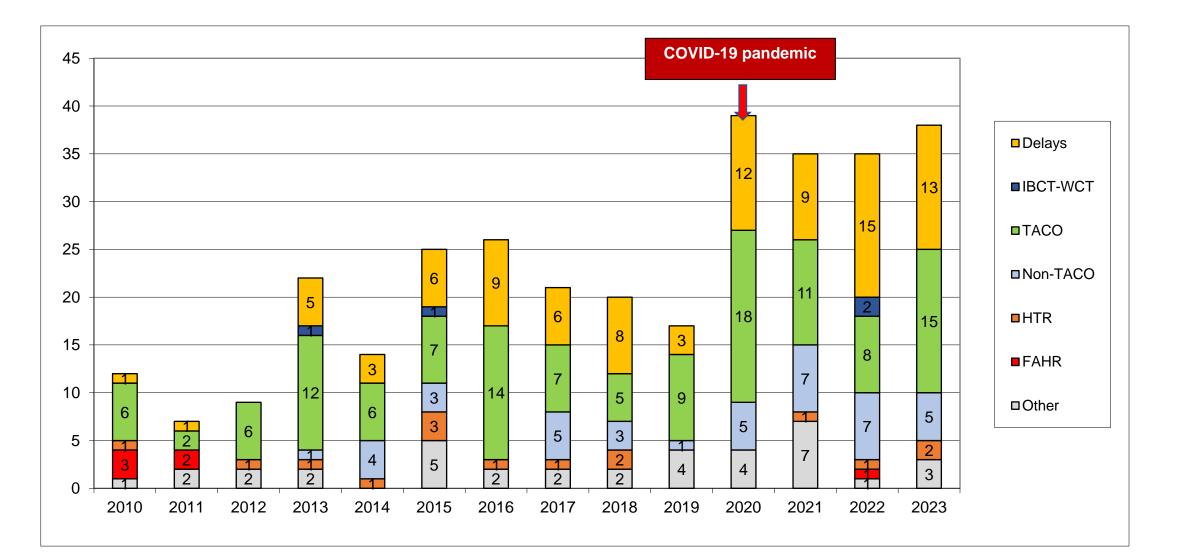
Communication issues including suboptimal handover

Safety culture, leadership





### Transfusion-related deaths 2010 to 2023 (n=320)



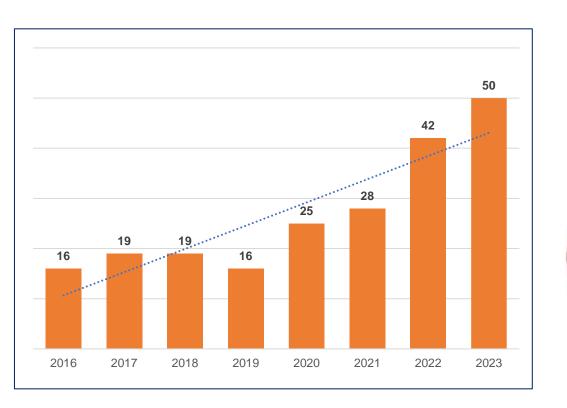


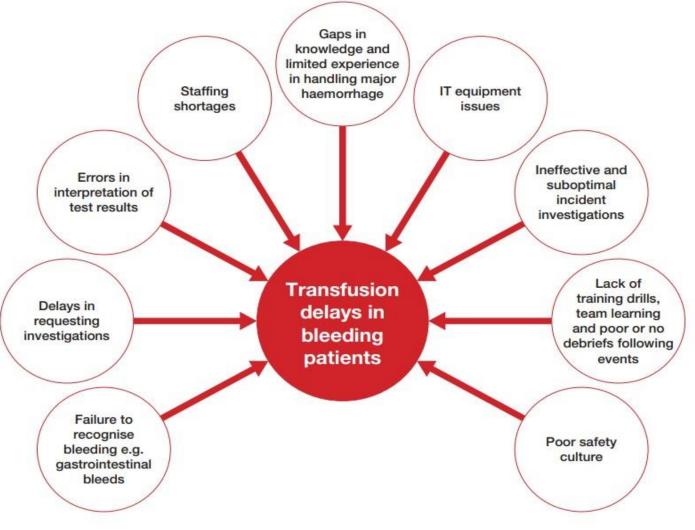
# **Delayed transfusions**





### Major Haemorrhage delays



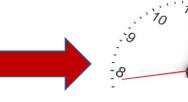




### Urgent need for blood during surgery - pager failure



Theatre staff needed blood during repair of an AAA for a man in his 80s but could not contact the BMS due to pager failure



 The delay was 30 minutes and
was thought to have contributed to the patient's death



Major haemorrhage drills should include testing of communication channels and equipment



Clinical staff must be able to reach transfusion laboratory staff in case of emergencies







# **Central Alerting System**



SHOT

Serious Hazards of Transfusion

### Preventing transfusion delays in bleeding and critically anaemic

### patients.

Date of Issue:	17-Jan-22	Reference No:	SHOT/2022/001
This alert is for action	on by: NHS and independe	ent (acute and specialist) secto	r where transfusions are carried out.
professions. Impleme	entation of this alert should b		s relevant across many departments and ader (or equivalent role in organisations II, nursing and pathology teams.

# **Incorrect Blood Component Transfused**





### Key points to note:

- 7ABOi red cell transfusions and 3 ABOi plasma transfusions reported in 2023 (one of which was in a neonate)
- No deaths reported directly related to ABOi
- Two cases of major morbidity and one minor morbidity; no clinical reaction in the rest
- Primary errors were noted in the following areas: Collection (4), Administration (3), Component selection (2) and sample taking (historical WBIT=1)

### ABOi transfusions in 2023 (n=10)





#### Safe Transfusion Practice: Transfusion Checklist

Transfusion Request Ensure that:	Signature to	
	confirm	
The reason for transfusion is documented in the patient record		
Details on the transfusion authorisation (prescription) sheet are completed and any specific		
requirements documented		
All fields on the transfusion request form are completed and the form is signed		
The identity details on the transfusion sample are completed correctly and samples labelled at the		
patient's bedside. These must be handwritten unless electronic systems are available that generate and		
print a label at the bedside from the patient ID band are available		
The patient has (and where appropriate family/carers have) received information, has agreed to the		
transfusion, and this is documented Or		
In cases where the patient is unconscious and/or unable to consent and the blood component is given		
in patient's best interest, ensure this is documented in the patient's notes, and information given		
retrospectively		
The laboratory is informed of the degree of urgency of the request		
Pre-Transfusion Checks		

CAS Alert		fusion Practice: side checklist
	09 Novembe	er 2017
Alert reference number: CEM/CMO/2017	//005	
Since the first report in 1997 the UK national haemovigilar gramme, Serious Hazards of Transfusion (SHOT), has reper- patients are harmed, and some die, as a result of being give of blood. In 2014 a patient died as a result of an ABO-incompatible is profile case. The nurse collected, then administered a unit patient with a similar name. This would have been preven check had been undertaken correctly. There were seven ABO-incompatible transfusions reported three in 2016. All of these were preventable. In addition to incompatible transfusion, patients may have other specific cal, transfusion requirements such as irradiated blood, CM blood and extended phenotype blood. Two critical points occur in preparation for transfusion; th identify the patient and label the sample when taking bloo blood sample, and the second is to check the details on th patient's identity at the point of transfusion.	atedly identified that ren the incorrect type transfusion in a high intended for another ted if the final bedside d to SHOT in 2015, and o the risk of ABO- c, and sometimes criti- IV negative serology e first is to correctly of for a pre-transfusion	Actions Who: All organisations provid funded care which involves the pro- of blood transfusions. When: Immediate Morganisations should assess: bedside systems (including systems) to ensure a confir is in place where the individ performing the checks mus- all steps have been follower
Evidence from SHOT shows that the bedside check perfort transfusion is not always undertaken correctly and that the of serious complications or death. SHOT therefore recomp process with a <b>bedside checklist</b> which must confirm the f • Positive patient identification including first name, famil birth; unless impossible, this should be done by asking the names and date of birth • Unique identification number (hospital number, NHS nur Check that it is the correct and compatible component (a and label on the component) for this patient at this time • Check that the component meets any specific requireme	is puts patients at risk mends a structured ollowing: y name and date of patient to state their nber or equivalent) gainst the prescription	This alert (and supporting in should be circulated to all r staff, including to communi staff and midwives who ma involved in the transfusion products in the community



# **Patient Identification**





### THE SAMPLE CIRCLE

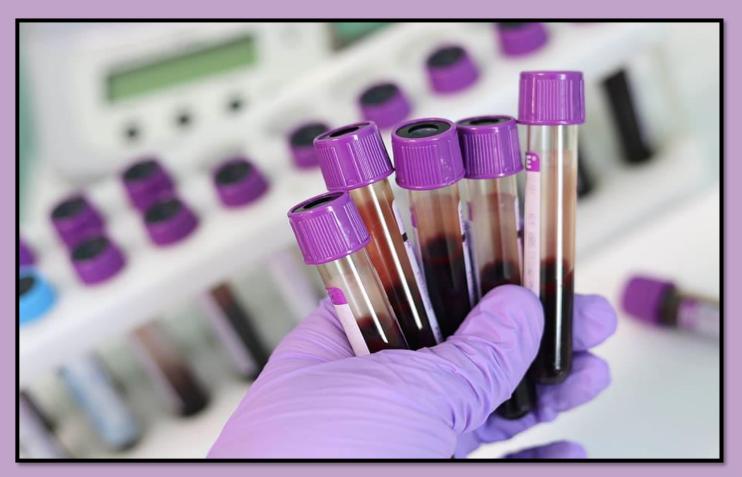


All samples <u>must be labelled at the patient side</u> using positive patient identification. Unlabelled blood samples MUST NOT leave the SAMPLE CIRCLE.



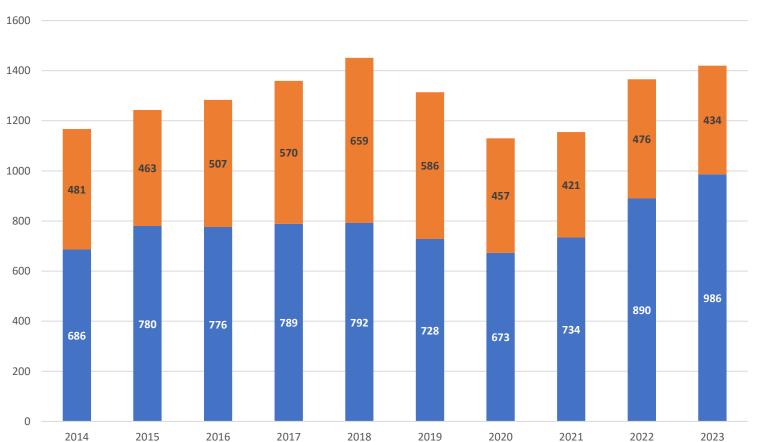


# Wrong Blood In Tube





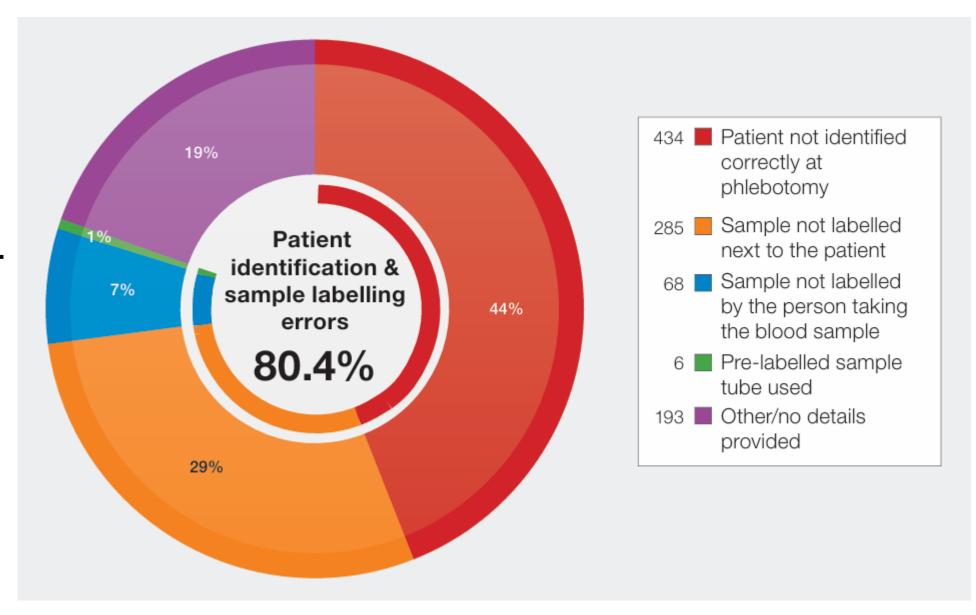
### A decade of near miss and WBIT reports 2014-2023



WBIT Other NM

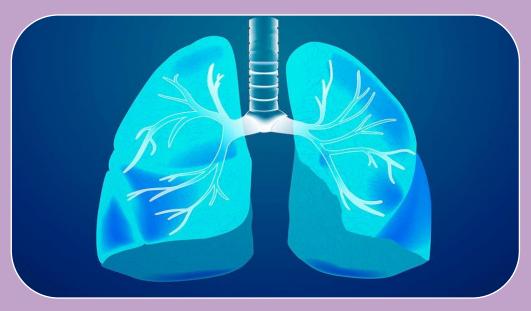


Primary errors leading to WBIT in 2023 (n=986)





# **Pulmonary complications of transfusion**



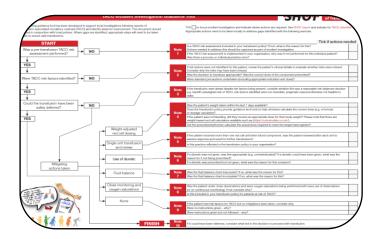
Pulmonary complications of transfusion remain a leading cause of transfusion-related mortality and morbidity, contributing to >50% of transfusion-related deaths reported to SHOT from 2013 to 2022



	Does the patient have any of the following: diagnosis of 'heart failure', congestive cardiac	Review the need for (do the benefits outw	/eigh the risks)?	
Å	failure (CCF), severe aortic stenosis, or moderate to severe left ventricular dysfunction?	Can the transfusion I until the issue is inve resolved?		
Is the patient on a regular diuretic?		If Proceeding with 1	Transfusion: Assign Actions	
	Does the patient have severe anaemia?	Body weight dosing		
	Is the patient known to have pulmonary oedema?	review symptoms		
	Does the patient have respiratory symptoms of undiagnosed cause?		Measure fluid balance Prophylactic diuretic prescribed	
	Is the fluid balance clinically significantly positive?	Monitor vital signs cl oxygen saturation	Monitor vital signs closely, including oxygen saturation	
	Is the patient receiving intravenous fluids (or received them in the previous 24 hours)?	Name (PRINT):	Name (PRINT):	
	Is there any peripheral oedema?	Role:	Role:	
	Does the patient have hypoalbuminaemia?	Date:	Time (24hr):	
Does the patient have significant renal impairment?		Signature:		

The 2023 reporting year recorded **172** TACO cases which is the highest ever reported to SHOT.

A TACO pre-transfusion risk assessment should be utilised whenever possible prior to every transfusion, especially in vulnerable patients.



It is important that all TACO cases are used as a learning opportunity to prevent or mitigate TACO in other patients.

A TACO investigation guidance tool available from 'Current resources' on the SHOT website helps optimise learning from these events



Patients with severe chronic anaemia should receive only minimal red cell transfusion with the aim of alleviating symptoms as opposed to aiming for a Hb correcting to meet a target Hb level

**Serious Hazards** 

of Transfusion

57 [0]

# Omitted TACO risk assessment led to overtransfusion and TACO, with no structured investigation performed

A patient weighing 64kg was admitted to a ward with severe symptomatic microcytic hypochromic anaemia (Hb 47g/L)

Pre- transfusion CT scan showed: pulmonary fibrosis and a small pleural effusion. Patient has multiple co-morbidities



A TACO risk assessment was not performed, and a fluid balance chart was not in place



Initially transfused uneventfully with 2 units of red cells, and post-transfusion Hb was 65g/L



Then given a 3<sup>rd</sup> unit of red cells. Became wheezy, hypertensive, tachycardic, pyrexial and had rigors. Oxygen saturation reduced to 75% and had peripheral pitting oedema

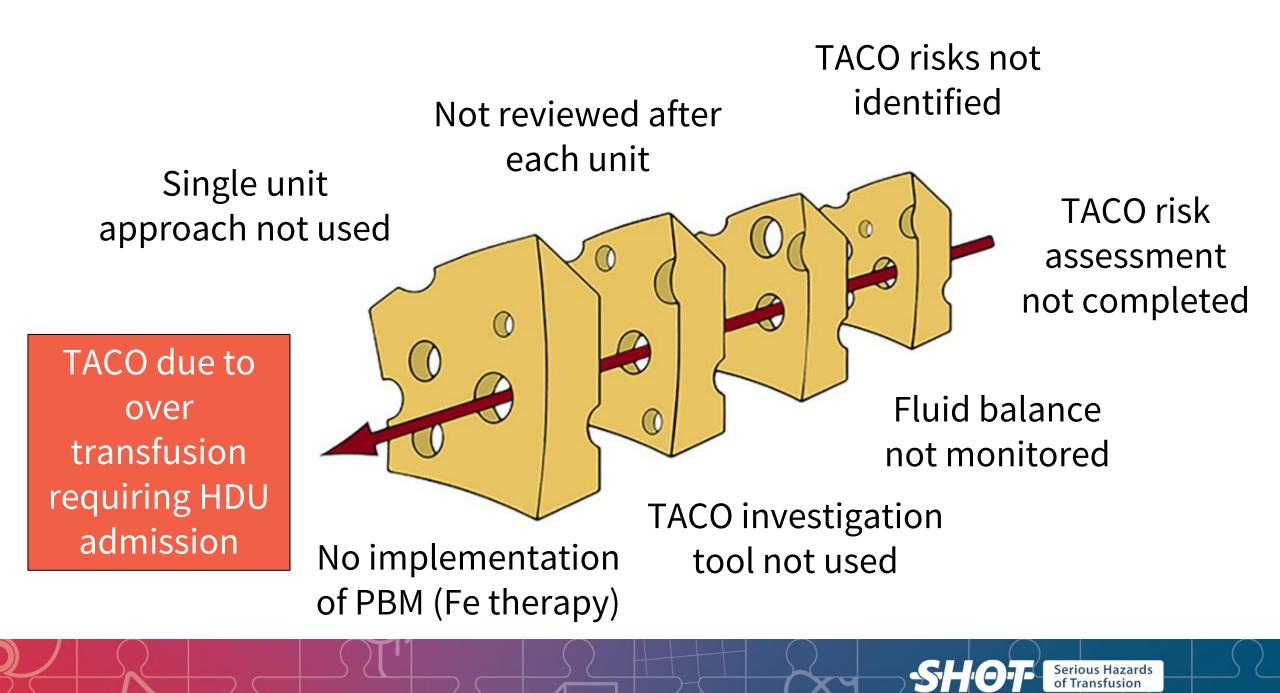


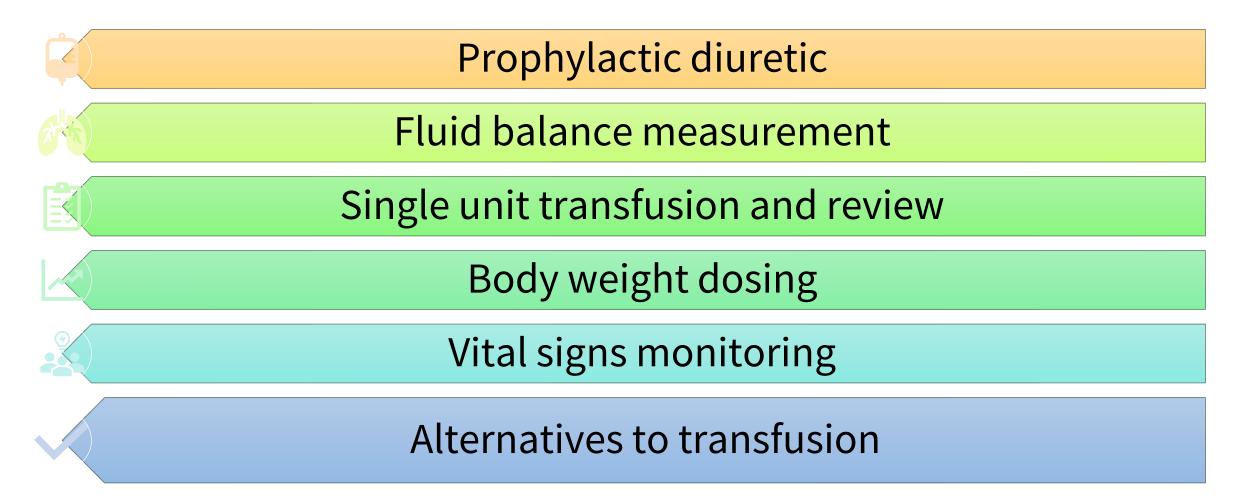
Post-transfusion chest X-ray showed consolidation thought to be caused by aspiration pneumonia and new bilateral infiltrates consistent with pulmonary oedema



Patient received oxygen via continuous positive airway pressure, a diuretic, hydrocortisone, bronchodilator and antibiotics. Was transferred to HDU and later recovered







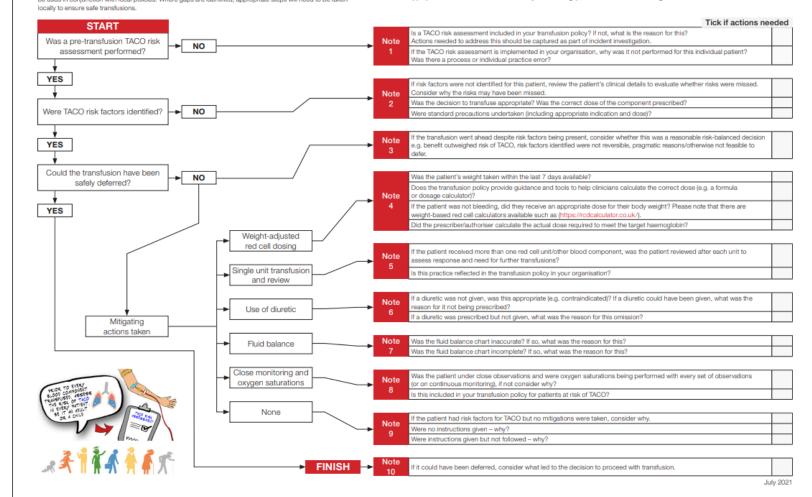
These measures would have helped mitigate the risk for this transfusion episode and help in planning future transfusions. It also represents an opportunity to improve practice and reduce risk for all future patients

**Serious Hazards** 



The following guidance tool has been developed to support local investigations following reports of transfusion-associated circulatory overload (TACO) and identify areas for improvement. This document should be used in conjunction with local policies. Where gaps are identified, appropriate steps will need to be taken

Tick to focus incident investigation and indicate where actions are required. See SHOT report and website for TACO checklist. Appropriate actions need to be taken locally to address gaps identified with the following exercise.



A **TACO investigation guidance tool** has been developed and can be accessed from 'Current resources' on the SHOT website

#### TACO Incident Investigation Guidance Tool



#### STIOTE Serious Hazards of Transfusion

#### Preventing transfusion delays in bleeding and critically anaemic

#### patients.

Date of Issue:	17-Jan-22	Reference No:	SHOT/2022/001	
This alert is for action by: NHS and Independent (acute and specialist) sector where transfusions are carried ou				

Access to blood components and products is a complex safety critical issue that is relevant across many departments and professions. Implementation of this alert should be coordinated by an executive leader (or equivalent role in organisations without executive boards) and supported by their designated senior leads for medical, nursing and pathology teams.

#### Explanation of identified safety issue:

#### Transfusion delays are preventable. Patients should not die or suffer harm from avoidable delays in transfusion.

The urgent provision of blood components and/or blood products is vital for life threatening bleeding and severe anaemia as described in the three situations below. A rapid, focused approach is required as delays can result in preventable death or end-organ damage.

Delays in provision and transfusion of blood during major haemorrhage have been identified repeatedly in Annual SHOT Reports<sup>1</sup>, Delays are compounded by failure to recognise bleeding, communication failures and the presence of red cell antibodies in the patient blood sample<sup>1</sup>

Autoimmune haemolytic anaemia (AIHA) is a relatively uncommon disorder caused by autoantibodies directed against the patient's own red blood cells, with an estimated prevalence of 17:100,000 and a mortality rate of 11%23. Urgent provision of blood may be needed for patients with severe anaemia. Laboratory testing may be complicated by the presence of the autoantibodies.

Anticoagulation is associated with an increased risk of bleeding which can be life/limb or sight threatening. Rapid reversal of anticoagulation in these cases is mandatory and delays impact patient safety. Prothrombin Complex Concentrates (PCC) are human blood products recommended for use as first line treatment for warfarin reversal (and for some other oral anticoagulants) when patients present with severe, life threatening bleeding. PCC should ideally be given within an hour once the anticoagulant reversal decision is made, particularly in patients with intracranial haemorrhage (ICH)4. Delays or omissions in administration can result in serious morbidity (such as expansion of an ICH) or death<sup>5,6</sup>. Poor communication, patient transfer between departments, dosage calculation and perceived need for consultant approval contribute to PCC delays1

Actions required

#### Local organisations must have: Actions to be completed as soon as possible and no ater than 15 July 2022

1. Reviewed and updated policies and procedures to cover:

- a. Rapid release of blood components and products for major haemorrhage, AIHA and reversal of anticoagulants.
- recommendations.
- is acceptable without the initial approval of a
- d. Concessionary, rapid release of the best matched red blood cells for patients with red cell antibodies.
- e. Criteria and pathways for laboratory escalation to a haematologist where transfusion is urgent, and the presence of
- of blood components and/or products.
- 2. Reviewed, updated, and implemented training programmes to include:
  - a. Recognition of bleeding, importance of communication, processes for activation of major haemorrhage protocols and rapid access to blood components and products in clinical staff training programmes.
  - b. Major haemorrhage drills, simulations and debriefs into regular staff training activities, including clinical and laboratory teams.
  - c. Concessionary, rapid release of the best matched red blood cells for patients with red cell antibodies
  - d. A process for recording participation and identifying dates for re-training.
  - e. Treatment of patients who refuse transfusion of blood components and/or products.

1/2

3 Implemented processes to audit and investigate all transfusion delays, using appropriate investigation tools to identify system factors for improvement.

For further detail, resources and supporting materials see: www.shot.org

For any enquiries about this alert contact: SHOT@nhsbt.nhs.uk







Medicines & Healthcare products Regulatory Agency

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#### Reducing risks for transfusion-associated circulatory overload

Date of Issue:	4-Apr-24	Reference No:	NatPSA/2024/004/MHRA		
This alert is for action by: NHS and independent (acute and specialist) organisations where transfusions occur					

Actions required

4 October 2024:

ensure:

NICE<sup>9</sup>

This is a safety critical and complex National Patient Safety Alert that is relevant across many departments and profe Implementation should be coordinated by an executive leader (or equivalent role in organisations without executive boards) and supported by their designated senior leads for medical, nursing, midwifery, scientific and allied health professionals.

#### Explanation of identified safety issue:

Transfusion-associated circulatory overload (TACO) is defined as acute or worsening respiratory compromise and/or acute or worsening pulmonary oedema during or up to 12 hours after transfusion, with additional features including cardiovascular system changes not explained by the patient's underlying medical condition, evidence of fluid overload and a relevant biomarker. TACO is one of the most common causes of transfusionrelated deaths in the UK and cases have increased substantially in recent years. Identifying risk factors for TACO prior to transfusion allows initiation of appropriate mitigating measures.1 TACO deaths are potentially preventable. TACO can occur in any individual of any age, including elderly people, children, and neonates. The risk is increased by the following factors:

- cardiac dysfunction
- renal dysfunction
- low body weight hypoalbuminaemia
- pre-existing fluid overload
- high volume in relation to body weight
- severe chronic anaemia

 women with severe pre-eclampsia Non-bleeding adult patients with severe chronic anaemia are particularly vulnerable to risk of TACO. Errors in prescription for blood components have been reported in children and can contribute to TACO. Pulmonary complications of transfusion within this group can be difficult to identify, particularly in neonates. There should be awareness of TACO as a potential cause of respiratory deterioration following transfusion in this group.2,3

#### TACO risk reduction measures include:

- single-unit transfusion or transfusing only the minimum number of units (or weight-adjusted red cell dose) needed to meet the haemoglobin (Hb) target (using red cell calculator4) and assessing
- consideration of weight-adjusted red cell dosing for patients of low body weight (including
- avoiding transfusions in excess of recommended infusion rates
- monitor vital signs closely, including oxygen
- saturation

For further detail, resources and supporting materials see: https://www.gov.uk/drug-device-alerts and https://www.shotuk.org/ For any enquiries about this alert contact: info@mhra.gov.uk or SHOT@nhsbt.nhs.uk



- b. Compliance with SHOT1, NICE4 and BSH7
- c. Agreed criteria where rapid release of PCC haematologist.
- antibodies might delay release of red blood
- cells Treatment of patients who refuse transfusion



### avoiding unnecessary transfusions

#### administering a diuretic when appropriate

transfusions, volume of red cell transfusion and communication of information at discharge to relevant teams involved in the care pathway including patients \*It is important to note that the TACO risk assessment tool has

#### Further supporting information about TACO and this alert can be found in the supporting FAQ document.5

children

not been formally validated for paediatric age groups, but the risk factors are similar. Careful attention to appropriate volume and rate of transfusion is vital.

on the Safety of Blood, Tissues and Organs (SaBTO) consent for transfusion guidance<sup>10</sup> e. Inclusion of guidance on timely management of TACO, including the use of diuretics, oxygen, and other supportive measures

risk assessment tool1 prior to transfusions'

at risk – see FAQ document<sup>5</sup>

Actions to be completed as soon as possible and no later than

1. Review and update policies, procedures and processes to

a. All transfusions are compliant with recommendations from

British Society for Haematology (BSH), 6.7 SHOT, 8 and

b. A TACO risk assessment is undertaken utilising the SHOT

c. Appropriate mitigation measures are initiated for individuals

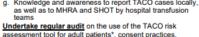
significant potential complication of transfusion and likely symptoms, as part of complying with Advisory Committee

d. Patients and carers should be informed of TACO as a

- Clear communications on discharge to patients and staff involved in the care of the patient about blood components and/or blood products administered and any complications such as TACO
- g. Use of the structured TACO incident investigation tool<sup>11</sup> from SHOT

Review, update, and implement training programmes to include

- a. Use of TACO pre-transfusion risk assessment tool\* b. Appropriate use of mitigation measures - FAQ document<sup>5</sup>
- Management of severe chronic anaemia in non-bleeding patients using minimal/single-unit transfusion support, and
- anaemia management with iron therapy where appropriate d. Recognition and prompt management of TACO, importance of timely interventions and escalation of care as appropriate
- e. Empowerment of clinical staff and biomedical scientists to question practices of prescribing/requesting blood components
- A process for recording participation and identifying dates for re-training g. Knowledge and awareness to report TACO cases locally,



management of chronic severe anaemia, avoidable

# Febrile, Allergic and Hypotensive Reactions





No deaths related to FAHR in 2023 119 cases with major morbidity related to FAHR in 2023



<b>336</b> Febrile and allergic reactions in 2023	<b>50</b> severe allergic reactions in 2023	Difficulties in accurately categorising events continue	
Red cells usually associated with febrile reactions	Plasma and platelets more commonly cause allergic reactions	Inappropriate use of antihistamines with or without steroids seen	

SHOT Serious Hazards of Transfusion



Human Factors principles are important in all these aspects of transfusion safety

# Human Factors resources developed by SHOT

Home SHOT Organisation Patient Information Reporting Annual Reports & Summaries Resources Human Factors SCRIPT UKTLC E-learning Publications Newsletters Annual SHOT Symposium 2024 Forthcoming Meetings Meet the Experts Webinars Contact

#### **Human Factors**

Human Factors HFIT Training Package Human Factors Resources

Learn more

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As three quarters of all incidents reported to SHOT are related to errors, we would like to understand more about why these occur. Errors in transfusion practice may be related to workplace features. What are the human factors that contribute to errors in transfusion practice?

Patient safety incidents and errors in transfusion can lead to fatal outcomes. Effective investigation of these incidents is essential to optimise learning and take action to prevent further incidents occurring.

In 2021, we incorporated and amended The Yorkshire Contributory Factors Framework (YCFF) into our Human Factors Investigation Tool (HFIT). This Framework has an evidence base for optimising learning and addressing causes of patient safety incidents by helping SHOT, clinicians, risk managers and patient safety officers identify contributory factors incidents. It is anticipated that the HFIT questions will take around 15 minutes to complete.

The underlying aim is not to ignore individual accountability for unsafe practice, but to try to develop a **more sophisticated understanding** of the factors that cause incidents. These factors can then be addressed through changes and recommendations in systems, structures and local working conditions. Finding the true causes of patient safety incidents offers an opportunity to address systemic flaws effectively.

#### Human Factors

As three quarters of all incidents reported to SHOT are related to errors, we would like to understand more about why these occur. Errors in transfusion practice may be related to workplace features, communication, and IT systems, and organisational pressures.

It is important to answer every question as this will allow SHOT to interpret practices, and gain understanding of all the factors involved







## SHOT Acknowledging Continuing Excellence in Transfusion

- Learning from all events and experiences including excellence
- Appreciative enquiry

ACE

- Making visible the hidden work people do to successfully navigate problems
- Build resilient teams and systems



# What can you do?

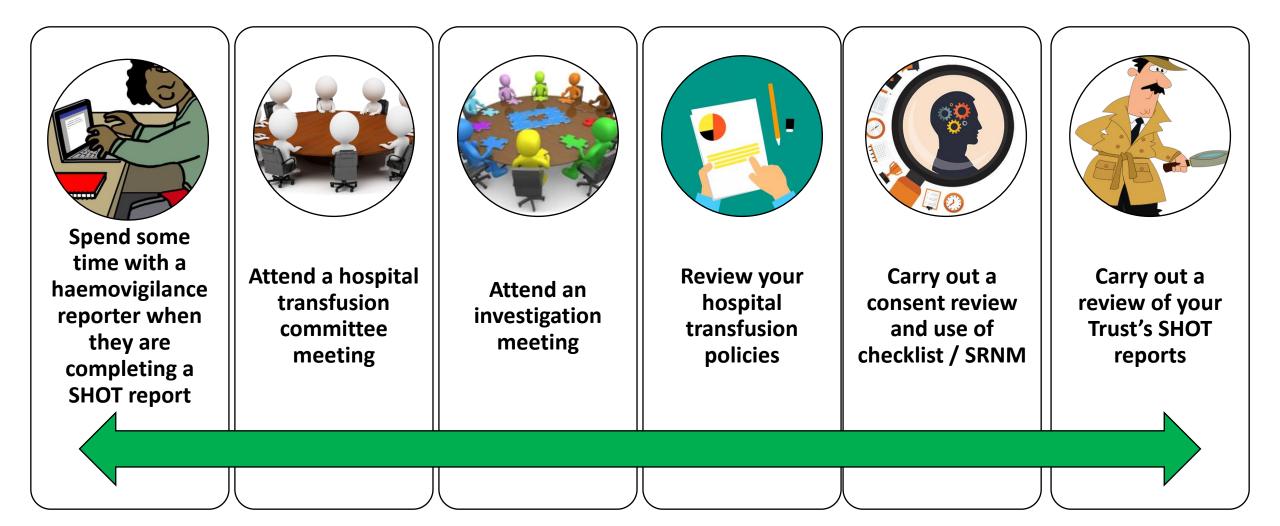
Report any errors or concerns to Transfusion Practitioner

Ensure a safe environment for transfusions

Be a champion for transfusion safety/promote a safety culture



# **Suggested activities**







# **SHOT App**











# Acknowledgements

# The reporters and hospital staff who share their incidents

- The SHOT Steering Group and Working Expert Group members
- MHRA haemovigilance team
- The UK Forum for funding

### For further information visit: www.shotuk.org



https://stock.adobe.com/uk/

